

# Advanced workshop for Feldenkrais practitioners, led by Scott Clark

November 16th and 17th in Amsterdam

## Connecting within

We are often caught by the sense that work has taken over our life, that there is not enough connection inward to something in us that can give meaning and heart to our outer action. On the other extreme, we can find ourselves engaged on an inner journey that doesn't connect easily to action in the world, without which we aren't much use to our fellow humans.

Feldenkrais classes can help us explore more deeply into the mysteries of our inner world, to find a clearer sense of how to connect outward into action.

In this two-day workshop for practitioners, we will also look at ways that the hands-on work can connect four worlds — or own inner & outer, and those of the person we work with.



Scott Clark

“Originally from New Mexico, Scott trained as a dancer after earning a degree in mathematics. During his long career as a dancer and dance teacher, he studied many of the physical disciplines used by dancers to enhance their training. This led him to the work of Dr Moshe Feldenkrais, which he began studying in 1982. He enrolled in London's first professional Feldenkrais training program, from which he graduated in 1990. Since 1997, Scott has devoted himself entirely to teaching Feldenkrais, working with individuals from all walks of life and with public groups from Finland to Ecuador. He also teaches in professional training programs and has conducted three trainings in London. He is particularly interested in working with performing artists, from dancers to actors to musicians. As an amateur, he plays the viola da gamba.”

## The workshop will take place on 16 and 17 November 2024.

Day 1: Saturday 16 November 2024, from 10:00 to 17:00

Day 2: Sunday 17 November 2024, from 10:00 to 17:00

There will also be the possibility to book an FI with Scott on Monday November 18th.

This is a rare opportunity to connect with fellow teachers and to enrich your own practice. The workshops will take place in Amsterdam.

Price: Eur 300,--

To find out more and register for your place, please contact Simon Brod or Andrea Derkse



Simon Brod

+31 (0)6 1515 9534

[simon@bodymind.space](mailto:simon@bodymind.space)



Andrea Derkse

+31 (0)6 1606 4951

[andreaderkse@gmail.com](mailto:andreaderkse@gmail.com)

