



A New Foundation Training Begins in Bad Tölz — October 2025

Join us in the beautiful town of Bad Tölz, Germany for our MBS Feldenkrais Training in the tradition of Mia Segal and Leora Gaster. It will start in **October 2025** and will certify you to teach professionally after two years. Our highly refined curriculum will equip you with the skills to teach group classes and 1-on-1 Functional Integration sessions.

Introductory Sessions

Meet the trainers, experience a class and have your questions answered.

Online (free of charge)

May 17, 5:00–6:30 PM CET

June 7, 10:00–11:30 AM CET

June 21, 7:00–8:30 PM CET

July 12, 7:00–8:30 PM CET

In-Person

Vienna: May 25, 9:30 AM–5:00 PM CET

Bad Tölz: June 14, 9.30 AM–15 PM CET

Training Schedule in Bad Tölz

- 25 October–2 November 2025
- 7–15 February 2026
- 13–21 June 2026
- 24 October–1 November 2026
- 6–14 February 2027
- 12–20 June 2027



Program Summary

- Six 8-day In-Person Seminars in Bad Tölz
- Four Online Seminars
- Curated video content, Plus two live online class days (3h/day)
- Monthly Online Classes (2h each)
- Guest Instructors to enrich the experience
- Downloadable Course Materials
- Group Meetings for peer exchange
- Certificate of Completion

Location

Bad Tölz, a charming town in southern Germany, offers:

- Walks along the Isar river
- Breathtaking mountain scenery
- A variety of cozy cafés and local restaurants
- Numerous accommodation options

Trainers



Margit Hrasdil



Chris van der Hoff



Max Klammerth

What Participants say

"The approach of Mind Body Studies changed my way of thinking and being."

Alena Brandt, Germany

"My involvement with the Feldenkrais work started 40 years ago... but I always felt that there was something missing. I found gold when I did this training."

Caroline Yabsley, Australia

"What I appreciate is the precision and the high quality of the teachings."

Francesca Bullo, Italy

We look forward to continue the legacy of Moshé Feldenkrais and Mia Segal and share this work with the next generation.

Questions? Email us at info@feldenkraistraining.eu

[Click here for more information](#)